



## **POLICY FOR PSHE**

At Cestria, our PSHE curriculum is designed in line with National Curriculum guidelines and consequently incorporates the knowledge, skills and understanding required for this subject. Our primary goal is to teach 'new knowledge' which is built upon prior learning and taught through a particular subject specific skill.

At Cestria our Personal, Social and Health Education (PSHE) enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and wider community through our 'Jigsaw' and Rights Respecting. In doing so we help develop their sense of self-worth and we ensure that every individual experiences the process of democracy in school through our 'Global Ambassadors'. We teach about rights and responsibilities to ensure they learn to appreciate what it means to be a positive member of a diverse multicultural society and the importance of respecting others.

PSHE is central to the education of all children at Cestria Primary School. It is an integral part of the whole curriculum but is also taught during time tabled sessions. Every afternoon on the last week of half-term we teach 'Jigsaw'. Jigsaw helps support each child in a variety of ways. It has different sections which links to our general living such as: healthy me, dreams and goals, changing me etc. Cestria Primary School also engages with UNICEF's Rights Respecting Award, this also gives the children the opportunity to have a say on decisions which are made in school.

Through a variety of learning experiences Cestria Primary School helps each child:

- To think and act for him/her self
- Be a team player
- Raise self-esteem and believe in own self-worth
- Acquire personal qualities and values
- Take his/her place in a wide range of roles in preparation for adult life

- Develop confidence/independence
- Value and respect him/her self and value others
- To develop social skills
- Value and respect belongings/living things/environment

In planning the curriculum, teachers at Cestria Primary School provide:

- A clear, consistent framework which caters for all learners (Jigsaw)
- Supportive relationships between teacher and child, and child and child
- A classroom climate which encourages all children to explore, and encourages a high level of interest
- Opportunities for development outside the classroom situation through responsibilities, extracurricular activities, curriculum rooms and educational visits
- Opportunities for each individual to feel valued
- A classroom which is safe for all children to feel confident enough to participate in all areas of learning.

All teaching and non-teaching staff encourage positive approaches to behaviour. We provide opportunities for personal and social development through a variety of strategies:

- Individual, peer group and collaborative group work
- Involvement in a range of problem-solving activities
- Small group and 1:1 work within 'Intervention Groups'
- Positive self-assessment
- Positive marking, with verbal or written comments

Through our general routines, in and out of the classroom, and the way in which individuals relate to each other, children are encouraged to form their own attitudes and values. By building positive working relationships between children and staff all members of our school family are valued as individuals. They learn to see the need for good manners, self-discipline and appropriate behaviour in whatever situation they find themselves in. A system which Cestria Primary uses to promote positive behaviour is Class Dojo, this is used as a reward system throughout the school by teachers and lunchtime staff.

Cestria Primary School provides opportunities for parents, the community and outside agencies to contribute to the personal and social development of its children through their active involvement in the life and philosophy of the school.

