

SUBJECT LEADER'S LONG TERM PLAN FOR: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Gymnastics Making shapes	Games 10 point hoops Target game	Dance Moving along: Travel	Games Agility, balance & coordination	Games Agility, balance & coordination	Athletics Honey pot: Speed & agility
Year 2	Swimming Gymnastics - creating, sequence with 4 actions	Swimming Games -Throwing/ catching/ defending	Swimming Dance - Cat Dance: ideas and emotions	Swimming Gymnastics - balancing and making shapes	Swimming Games - agility, balance and coordination.	Swimming Athletics - Colour Match: Speed and accuracy
Year 3	Gymnastics 6 actions on floor mats (balance)	Games 3 touch ball - 3 passes before scoring	Dance and Games Round the Clock/ Mechanisms	Gymnastics and Games Mini Tennis - Serving and Volleying	Games and Dance Throwing and catching/ invasion games	Athletics Furthest fire: distance when jumping
Year 4	Games and Gymnastics Partner work: replicating sequences	Games On the attack: outwitting opponents	Dance Street Dance	Gymnastics Apparatus work OAA -Robinwood	Athletics Pass the baton: speed and accuracy	Athletics Running, throwing, jumping
Year 5	Gymnastics Acrobatic gymnastics	Rugby/ football Rules and game play OAA - Scouted	Dance Indian Delight OAA - Scouted	Rounders/ cricket Coordination skills/ teamwork OAA - Scouted	Athletics Take aim - distance/ accuracy on target	
Year 6	Gymnastics Group dynamics and compositional principles	Games Call the shots - basketball and hockey	Street Dance	Invasion Games	Athletics - 3 jump challenge, combination & distance	Cricket Skills - cricket coach OAA - Dukeshouse Wood

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