

Need a break? We can still help

Although we can't offer our usual short breaks for children and young people with SEND because of Coronavirus restrictions, we've been working with families to develop some new tips and tools to help you.



We've got a new one-stop shop hotline where you can get all the information you need about what is available from us and our partners across the county. Call **03000 260 270** or email **shortbreakssolutions@durham.gov.uk**

We've developed activities that you can do at home without technology and a virtual short breaks offer, where we can connect with your family on video to offer activity-based support.



Don't forget to keep an eye on **www.durham.gov.uk/shortbreaks** for all the latest developments including contacts for our partners at Durham County Carers Support and Durham SEND Information, Advice and Support Service (SENDIASS). You and your children can also have your say on what you would like to see from the short breaks service by filling in our survey.

* If you have a social worker and are in receipt of assessed needs services including in-reach, outreach services or over-night respite, you can still link with your social worker in relation to these services which are individual to your needs during this time.

